Three Entrée Menu Package ~ \$45 per person

This menu is only available for groups of 25 guests and over

Main Course Vegan or Vegetarian options, Choice one from the following;

- **Pumpkin and Apple Curry** a light and aromatically spiced main dish for the vegans in the crowd (No Gluten added & Vegan)
- Mushroom Shepard's Pie Savoury and satisfying with lots of Umami. Made with Mushrooms, French Lentils, leeks, carrots, thyme and sweet peas with Vegan Mashed Potatoes (No Gluten added & Vegan)
- **Pasta Primavera** Pasta smothered in Marinara Sauce with zucchini, red peppers, and carrots. (Vegan, with parmesan on the side)
- **Polenta-stuffed Peppers** a Spanish inspired dish with red, yellow and green peppers. (No Gluten added, can be made Vegan but is great with the cheese)
- Spinach and Ricotta Cannelloni An Italian classic. Fresh pasta wrapped around creamy ricotta cheese mixed with spinach and parmesan cheese. Smothered in a crushed tomato, oregano and basil sauce and topped with freshly grated parmesan cheese.

Main Course Meat options, Choice two from the following;

- Citrus and Fresh Herb Chicken oven roasted chicken marinated in orange and lemon juice, a touch of garlic and lots of fresh herbs. (No Gluten added)
- Cuban Chicken a fruity and dynamic, but not spicy, chicken dish with red peppers, lime and raisins. (No Gluten added)
- Chicken with Artichokes and Olives a surprising combination that will delight anyone. (No Gluten added)
- Natural Wood Smoked Pork Tenderloin served with Bourbon-Rosemary Sauce. (No Gluten added)
- Coffee Crusted Pork Loin Served with local High Bush Sauce (No Gluten added)
- **Roast Beef** an all-time favourite. It is accompanied by an in-house made savoury herb jus. Served with Horseradish (No Gluten added)
- **Beef Wellington** a traditional dish favoured by many. Beef wrapped with sautéed Mushrooms, Prosciutto and in-house made Butter Puff Pastry
- Salmon En Papillote a parchment paper wrapped salmon fillet on a bed of leeks, fennel, white wine, dill and lemon. (No Gluten added)
- Herb Crusted Prim Rib A classic dish to WOW your guests! Served on the bone and carved at the buffet. Served with horseradish and jus on the side. Only available at The Avenue Room events (No Gluten added, extra charge – market price)

Side Dishes options, Choice two from the following;

- Rice Pilaf with Wild & White Rice with Sundried Tomatoes, celery and onions, cooked in a vegetable broth (No Gluten added, can be made Vegan on request)
- Roasted Potatoes with Rosemary and Garlic (No Gluten added & Vegan)
- Roasted Garlic Creamy Mash Potatoes (No Gluten added)
- Steamed Seasonal Vegetables with Butter (No Gluten added, can be made Vegan on request)
- Oven Roasted Vegetables tossed with Olive Oil, Kosher Salt and Pepper (No Gluten added & Vegan)

Salads options, Choice <u>two</u> from the following;

- Baby Green Salad with Lemon Goddess Dressing and/or Tomato Balsamic Vinaigrette (No Gluten added & Vegan)
- French Lentil Salad with mixed vegetables including died carrots, celery and red onion (No Gluten added & Vegan)
- Sesame Asian Noodle Salad with shredded carrots, purple cabbage, daikon, red peppers, green onions with a sesame and pickled ginger dressing (Vegan)
- Thai Chick Pea Salad (No Gluten added)
- Quinoa, Cucumber, Red Pepper with Lemon, Mint and Cilantro Dressing Salad (No Gluten added & Vegan)
- Potato Salad with Seedy Mustard Dressing (No Gluten added)
- Pasta Salad with mixed vegetables including Red Peppers and Black Olives (Vegan)

Add Desserts - Choice <u>one</u> from the following for an extra \$4 per person

- Chocolate and/or Vanilla Cupcakes with Varied Frostings
- Fruit Tarts
- Chocolate Mud Cake served with Mixed Berry Sauce
- Cheese Cake with Mixed Berry Sauce
- Lemon Tarts
- Mixed fruit Tray (Vegan and No Gluten added)
- Fruit Salad with Fresh Mint Dressing (Vegan and No Gluten added)